

# Connecticut Farm to School Resources

Farm to school (FTS) refers to efforts that bring regionally produced foods into schools, exposing students to local food through the cafeteria and hands-on learning activities such as gardening, farm visits, and culinary classes. FTS programs elevate the health of children and communities while supporting local agriculture and local economies.

**Mission:** To elevate the health of children and communities while supporting local agriculture and local economies through FTS efforts.

**USDA Community Food Systems Fact Sheets:** <https://www.fns.usda.gov/cfs/fact-sheets>

## Curriculum

- *Project Food, Land & People:*  
<http://www.foodlandpeople.org/>
- *Connecticut Ag in the Classroom:*  
<http://ctaef.org/ag-in-the-classroom/>

## Gardens

- *Food Safety Tips for School Gardens:*  
<https://theicn.org/resources/652/produce-safety-best-practices-fact-sheets/107980/food-safety-tips-for-school-gardens.pdf>
- *Implementing Farm to School Activities: Food Safety:*  
<https://www.fns.usda.gov/cfs/implementing-farm-school-activities-food-safety>
- *School Garden Resource Center:*  
<https://commongroundct.org/2012/09/school-garden-resource-center/>



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## Marketing

- *Put Local On Your Tray:*  
<https://putlocalonyourtray.uconn.edu/>
- *Farm to School Census:*  
<https://farmtoschoolcensus.fns.usda.gov/>



## Purchasing

- *Procuring Local Foods for Child Nutrition Programs:*  
<https://www.fns.usda.gov/cfs/procuring-local-foods-child-nutrition-programs>

## Schools/Cafeterias

- *Procuring Local Foods for Child Nutrition Programs:*  
<https://www.fns.usda.gov/cfs/procuring-local-foods-child-nutrition-programs>
- *National Farm-to-School Network:*  
<http://www.farmtoschool.org/>
- *New England Dairy & Food Council:*  
<https://www.newenglanddairy.com/farm-to-school-marketing-resources/>

For more resources, visit the Connecticut State Department of Education's [Farm to School](#) webpage.